

# S.O.S. Template

## **SITUATION**

What is the current situation that you are facing? What is happening that you want to change?

## **OBJECTIVE**

What are your goals or objectives for this situation?

## **STRATEGY**

What specific steps must you take to accomplish your goal? What task or actions must you get done to accomplish your goal? Write out every task, action, or step to accomplish your goals and/or objectives for this situation?